



Glad Tidings

East Bangor United Methodist Community Church Newsletter

Vol. 23

March 2019

Number 3

Mark Your Calendar!

- Mar. 3rd Pastie Orders DUE
- Mar. 3rd Free Community Dinner
4:00-5:30pm
- Mar. 5th Pastie Pickup 3:30pm
- Mar. 5th CPR Training 6:00pm
- Mar. 6th Ash Wednesday Service 7:00pm
- Mar. 13th UMW Painting @ Bloom 6:30pm
- Mar. 19th Combined Committees Meeting
7:00pm
- Mar. 31st After Church Fellowship

Every Week

Mondays

Bible Study 7:00pm

Tuesdays

Girl Scouts 7:00pm

Wednesdays

Girl Scouts 5:30pm

Thursdays

Bazaar Committee 1:00pm
Choir Practice 6:30pm

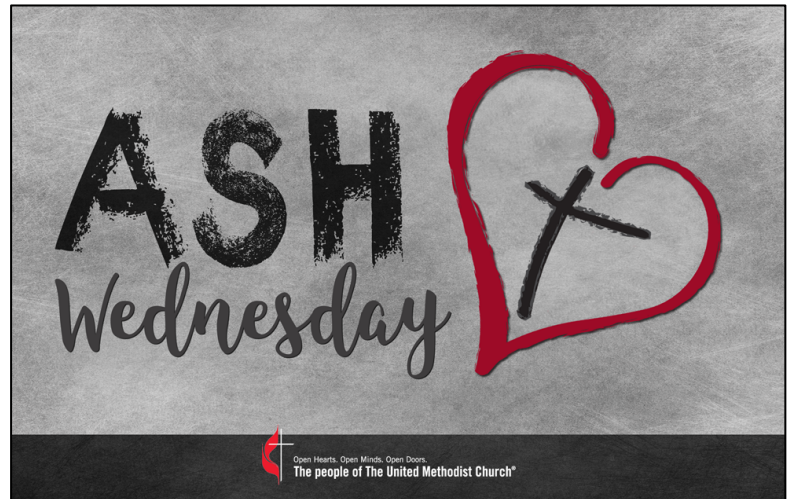
Saturdays

AA Meeting 8:00pm

Sundays

Worship 9:15am
Children's Church (during Worship)
Adult Forum (after Worship)

*Sharing the good news of Jesus Christ
through the ministry and mission of East Bangor United
Methodist Community Church*



*Join us for Ash Wednesday Service on March
6th, 2019, at 7:00pm, as we prepare our hearts
and minds for the season of Lent.*

February Servants

<u>Ministers</u>	All the People
<u>Pastor</u>	Rev. Dave Goss
<u>Organist</u>	Jane Ann Reimer
<u>Acolytes</u>	Children of the Church
<u>Greeter</u>	<i>Needed</i>
<u>Ushers</u>	Gordy Wilson & Allison Heinsohn
<u>Congregation</u>	Those with a mission to "Reach Teach and Share God's Love."



Come and Eat Cake!

As part of After Church Fellowship on **the last Sunday of March**, we'll be having a party for everyone with a birthday in March! Come on out and join in the joyful noise as we sing "Happy Birthday!" to our March celebrants.

Celebrations in the Church

Happy Birthday!

March 4 th	Matthew Onjack
March 7 th	John Pysher
March 11 th	Roger Schwartz
March 13 th	Bethany Schwartz
March 14 th	Caryssa Horn
March 18 th	Michael Brickler
March 18 th	Sheila Muhlen
March 18 th	Granville Ross
March 22 nd	Michael Cichowski
March 23 rd	Joyce Bennett
March 24 th	Dean Cann
March 24 th	Todd Onjack
March 25 th	Diane DePaolo
March 26 th	Gordon Wilson
March 28 th	Ashley Tallaksen
March 29 th	Megan Hower
March 30 th	Alice Brickler
March 30 th	George Mackenzie
March 30 th	Jameson Bartosh

Thanks So Much!

Dear Friends at East Bangor United Methodist Church,
Thank you for the hats, socks and gloves for our families in need. It has been a very cold winter and we have had many requests for warm clothes and accessories. The Governing Board and I wish you a Happy, Healthy and Peaceful New Year!

Sincerely,
Bridget Pruet
Executive Director, Slater Family Network Foundation, Inc.

CRADLE ROLL

We welcome Reagan Lynn Fraunfelter to our Cradle Roll. Reagan was born February 7th, 2019 to Travis and Briana (Malachowski) Fraunfelter. Reagan is the granddaughter of Jim and Linda Malachowski, and great-granddaughter of Janet Bellis. God bless the Fraunfelter and Malachowski families.
Please keep them in your prayers.

Memories



Many thanks to Jackie Bartosh for sharing this photo of some of our church members from 1967. Can you guess who's pictured in this photo?
(Answer on page 4).

Happy Anniversary

March 20th Mr. & Mrs. David Ott

Sponsors & Volunteers

Sign-up sheets for sponsors for Altar Flowers (\$40), Worship Bulletins (\$20), and Dial-a-Message (\$20) for 2019 are available on the bulletin board outside the offices on the first floor.

Our March Sponsors

Worship Bulletins

Worship Bulletins for *March* are presented to the Glory of God in Loving Honor of **John Pysher's Birthday** by **Stacy, Marshall, & Brenda**

Dial-A-Message

Dial-A-Message for *March* is presented to the Glory of God in Loving Honor of **John Pysher's Birthday** by **Stacy, Marshall, & Brenda**

Altar Flowers

The Altar Flowers for the month of *March* are presented:

March 3	To the Glory of God
March 10	To the Glory of God
March 17	To the Glory of God in Loving Memory of Leslie Wickett by her Family
March 24	<i>Open</i>
March 31	<i>Open</i>

You're Invited

TOPIC: *The Most Stressed Generation: How to Listen so your Kids will Talk!*

DATE: Monday, March 18th

TIME: 6:30pm to 8:00pm

LOCATION: Grace United Methodist Church, 404 E Mountain Ave, Pen Argyl, PA 18072

This presentation is focused on how, as a community, we can support the emotional well-being of all our kids to keep them safe, healthy and happy.

Keynote Speaker: Dr. Timothy Silvestri



Dr. Silvestri is the director of counseling services at Muhlenberg College. He holds a Ph.D. in Counseling Psychology from Lehigh University and completed his psychology residency at the University of Pennsylvania.

Dr. Silvestri's presentations are grounded in applied neuroscience and its application to our everyday lives. Over the past 3 years, Dr. Silvestri has presented local college and high school students & teachers on the topics of; Good Stress vs. Bad Stress, Diversity, Fixed vs. Growth Mindset, and Authenticity by getting his message across in a fun, engaging & informative way.

Presentation Topics Include: The Teenage Brain: Why our kids think the way they do?; Good Stress vs. Bad Stress; Recognizing stress & anxiety in our kids; How we can help our kids cope with adversity; The most effective way to connect with our kids: listen, laugh, & love.

You will also have the opportunity to hear from Pen Argyl High School Principal David Domchek who will share all of the support systems and student activities in place to provide our students with a positive and welcoming educational environment conducive to student academic success and emotional well-being.



The presentation will end with a question and answer session.

LENTEN ART STUDY BEGINS MARCH 11th

On Monday, March 11th, we will begin a Lenten Art Study series. We'll be looking at some of the works of art throughout history that depict the events of Christ's Passion and Resurrection. The study will meet Mondays at 7:00pm through April 8th (with the exception of March 18th). For more information, please see Julie Gilbert.



Fra Angelico, *The Crucifixion*, 1420-23.



2019 Bangor Area Lenten Lunches

Tuesdays at Noon
Trinity Lutheran Church
404 Broadway
Bangor, PA 18013

Luncheon Donation: \$3.00

- March 12 Hosted by Flicksville United Church of Christ
- March 19 Hosted by Ackermanville United Methodist Church
- March 26 Hosted by East Bangor United Methodist Church
- April 2 Hosted by Cross Road Baptist Church
- April 9 Hosted by First United Evangelical Church

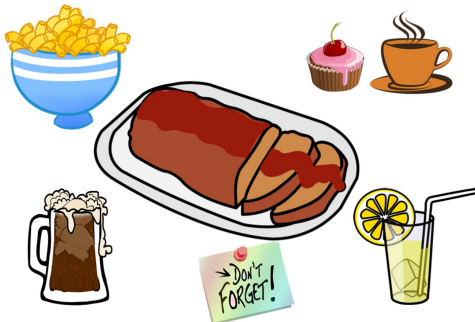
Announcements

PASTIES

In February, 95 pasties were sold with a profit of \$97.50. The next sale is March 5th. Orders are due to Lois on March 3rd.

FREE

Home Made Meatloaf and Macaroni & Cheese Dinner



**Sunday March 3rd,
4:00 to 5:30 pm.
East Bangor United Methodist
Community Church.**

We also distribute household cleaning plus health and beauty supplies for **FREE** on Sunday mornings from 10:30 to 11:45.

KITCHEN PROJECT

The Kitchen Project is almost finished and as far as we can go for now. Information has been posted periodically in the newsletter. We are very proud of what we have accomplished. Especially since there was no cost what so ever to the church. Money came from the Bazaar, Choir and memorials from Becky Hughes and Lorraine Frantz. Also a very generous donation from an anonymous person. A plaque will be dedicated and placed in the kitchen at a later date.

Thanks to all who supported the Bazaar and the Choir.

UNITED METHODIST WOMEN

March 13 will be the annual UMW trip to Bloom in Bangor. Cost is \$25.00 and we have scholarships available if cost is an issue (just see Pastor Dave or Lee Pavan). See Lee to sign-up for this great UMW event and see your artistic efforts "Bloom" on canvas, as well as helping support women's recovery efforts in the Slate Belt.

LENTEN LUNCHESES BEGIN MARCH 12

The Annual Bangor Area Lenten Lunches will begin on Tuesday, March 12 at noon. All lunches are held at noon at Trinity Lutheran Church, 404 Broadway in Bangor. Requested donation for lunch is \$3.00. **East Bangor will host the lunch on March 26.** Please sign up to provide food and help serve on the sheet in the narthex, or contact Pastor Dave for more information.

SAVE THE DATE:

- **March 18, 6:30 p.m. at Grace UMC:** Program sponsored by the Slate Belt Ministerium and Pen Argyl Area School District. Topic will be suicide prevention and our presenter will be Dr. Tim Silvestri of Muhlenberg College. While especially geared to parents, all are welcome to attend.
- **June 18-19 (tentative):** Slate Belt UMC Cluster work party and needy resident's home. More information to follow.

NEW MEMBERS WELCOME

Those who have been visiting with us and are interested in making a commitment to the congregation by becoming full members are invited to see Pastor Dave for more information. Full members promise to support the church through their prayers, presence, gifts, service, and witness. If you are not a full member of the congregation, please give prayerful consideration to declaring East Bangor UMCC as your church home.

IN THE COMMUNITY

Free Community Meal every Thursday, 6 – 8 p.m. First UMC of Wind Gap, 19 W. West Street, Wind Gap, PA

Make Sleeping Mats for the Homeless: Meets the first Thursday of each month at 9:30 a.m. at Richmond UMC.

Community Blood Drive, April 5, 2 – 7 p.m. Community Presbyterian Church of Mt. Bethel and Portland.

Memories Photo Quiz (page 2) Pictured from left to right: Violet Johnson (Jackie Bartosh's grandmother), Cora McFall, Chrissy (McFall) Ott, and Randy McFall.

EASTER FLOWERS

Dear Friends,

Easter is April 21st and flowers may be placed in the sanctuary to the greater glory of God, in celebration. Please specify if you would like a single or triple bloom hyacinth. Different colored flowers will be delivered to us, but no specific colors will be ordered in the hyacinths and tulip plants. We must take what they deliver to us. The prices continue to be reasonable. This is a service offered to you by our church and plants are priced as follows:

Single bloom hyacinths	\$3.25
Triple bloom hyacinths	7.25
Lilies (4 bud & up)	7.75
Tulips	7.25

Please make your checks payable to the church and give to Stacy Pysher. You may also mail your order and payment to Stacy. Orders should be made by March 24th and no orders will be taken after that date.

We wish to thank everyone, who by participating has added so much beauty to our sanctuary during this glorious church season.

For those who want the same as last year, just fill in your name and \$ amount, put same as last year on top and then we can just go by last year's bulletin.

Yours in Christian Service,
Stacy Pysher

Please order by March 24th.

EASTER FLOWERS

Your Name: _____

Person to be honored: _____

Honored by: _____ Living _____ Deceased _____

Hyacinth (single) _____ Hyacinth (triple) _____ Lilies _____ Tulips _____

Person to be honored: _____

Honored by: _____ Living _____ Deceased _____

Hyacinth (single) _____ Hyacinth (triple) _____ Lilies _____ Tulips _____

Person to be honored: _____

Honored by: _____ Living _____ Deceased _____

Hyacinth (single) _____ Hyacinth (triple) _____ Lilies _____ Tulips _____

TOTAL AMOUNT DUE: _____

This NEWSLETTER is a publication of
THE UNITED METHODIST CHURCH
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Sunday WORSHIP begins at 9:15 a.m.

Children's Church is available for young children during Worship.

AMPLE OFF STREET paved parking is provided just behind our church building. Wheelchair accessible.

A covered dish Fellowship Hour is held the last Sunday of each month following worship.

Pasties are sold for the 1st Tuesday of every month. Cost is \$5.50.

Manna Ministry: Sundays 10:45 am-11:30 am/
Free Community Dinners 4-5:30 p.m. 1st Sunday of the month.

Visit our Web Site: www.ebumc.org

Dial-A-Message: (610) 588-3896

*We send this along with our best wishes
and God's blessing to you.*

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Church Newsletter
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